



2023 SHIHAN TOMIYAMA TRAINING PROGRAM

Current at 21 March 2023

FRIDAY 21 APRIL

Baldivis Dojo

1:00-2:00 Koshiki Rohai
2:15-3:30 Hamahiga-no-Tonfa

Venue TBC

6:00-9:00 Principal instructors' dinner

Open workshops – members & non-members welcome – fee applies*

SATURDAY 22 APRIL

Medina Hall

9:15-12:00 All Grades – Session 1
– Fighting Combinations

1:30-4:15 Dan Grades – Session 2
Bassai Dai with bunkai; Bassai
kumite

Venue TBC

6:00-9:00 Black belt dinner

SUNDAY 23 APRIL

Armada District Hall

9:15-12:00 All Grades – Session 3
– Pin'an Kata Bunkai

1:30-4:15 Dan Grades – Session 4
– Advanced kata & bunkai -
Seipai

Baldivis Dojo

5:30-9:00 Kofukan Family dinner
- RSVP online
- bring a plate to share
- no alcohol

MONDAY 24 APRIL

Halls Head Dojo

10:30-12:00 Pina'an Bunkai Kumite 5, 7, 8, 9

1:00-2:00 Suparinpai
2:15-3:15 Kururunfa

Halls Head Dojo

5:30-6:15 Junior Advanced class (up to 11
years Green belt and above)
Kihon Ippon 1-3
6:15-7:45 Senior class (12 years and over)
Fighting combinations 1, 2, 4, 9

TUESDAY 25 APRIL

Kwinana Dojo

9:30-10:30 Kosokun Dai
10:45-11:45 Seisan

1:00-2:00 Pin'an Kumite
2:15-3:15 Kobudo – Bo bunkai

Ken Jackman Hall Kwinana

5:00-6:00 Junior class (open)
Kumite drills

6:00-7:30 Senior class (Green belt and
above) Matsukaze

WEDNESDAY 26 APRIL

Baldivis Dojo

9:30-10:30 Nipapo
10:45-11:45 Naihanchin Kumite

1:00-3:00 Uechi Sanchin / Higaonna Seisan
(3rd Dan and above only)

Ken Jackman Hall Kwinana

5:00-6:00 Junior class (open)
Self-defence with Naha principles
6:00-7:30 Senior class (Green belt and
above) Seienchin

THURSDAY 27 APRIL

Kwinana Dojo

9:00-12:00 Dan Gradings

*Fees for weekend workshops

Members: \$15 (1 session)
\$25-30 (2 sessions)
\$55 (all 4 sessions)
Non-members: \$30 (1 session)
\$50 (2 sessions)
\$80 (all 4 sessions)